

The Ventura County Early Start Program, Proudly Presents

## Walking the Path Together Committee Members

Keisha Carroll	Simi Valley Unified School District
Rama Dasu	Simi Valley Unified School District
Evangelina Gomez	Rainbow Connection FRC
Pam Lehtonen	Foster & Kinship Care Education
Linda Miyahira	Tri-Counties Regional Center
Karen Persichetti	Adventist Health, Simi Valley CDC
Regina Reed	Ventura County SELPA
Pablo Velez	Amigo Baby, Inc.
Rhonda Carlson	Foster & Kinship Care Education

The 30th Annual  
Walking the Path Together Conference

# The Road Back to School

FOR FAMILIES OF YOUNG CHILDREN WITH DISABILITIES (0-5 YEARS OLD)  
AND THE PROFESSIONALS WHO SUPPORT THEM!

### Keynote Presenters:

**Sean Goldman (English)**

**Pedro Mendoza (Spanish)**

*All breakout sessions will be offered separately in both English and Spanish, and most will be co-presented by a parent and a professional.*

*October 23, 2021*



Check-In  
8:15am to 8:30am

Conference:  
8:30 AM –11:30am

Where:  
This meeting will be held via  
Zoom.

## Keynote Presenters:

### Sean Goldman, M.A., L.E.P.

*Assistant Superintendent, Student Support Services, Simi Valley Unified School District*

As an Administrator in the Simi Valley Unified School District, as well as the father of a student with disabilities, Sean will share his journey transitioning from Distance Learning this past year, back to the classroom. This Keynote presentation will be in English.

### Pedro Mendoza

Pedro is the father of two boys who participated in distance learning this past year while he and his wife worked full time. He will share their story. This Keynote presentation will be in Spanish.

**WORKSHOPS - Please select ONE choice from each session.  
(Note: all sessions are offered in both English and Spanish)**

#### Session One: 9:40am to 10:10am

##### **A. Adult Self-Care (English)**

*Deanna Ruiz, LMFT, Clinic Administrator, VCBH CalWORKS and Nichole Holguin, LMFT, CalWORKS*

This presentation will focus on the struggles parents experience with children 0-5 years, and will highlight coping skills, strategies and resources for parents. Especially during this time of COVID-19.

#### Session Two: 10:20am to 10:50am

##### **B. Just Breathe (English)**

*Regan Bynder, Coordinator, VCOE Early Childhood Programs*

This workshop is designed to introduce 3 strategies every caregiver can use to support themselves and the children they care for as they navigate day-to-day life.

#### Session Three: 11:00am to 11:30am

##### **C. The Return to Preschool (English)**

*Jill McGranahan, M.A., M.Ed., SpEd PreSchool Teacher, VCOE*

This session will review how a preschool classroom looks now after COVID, what hygiene steps staff are taking, how to support little ones with mask wearing and to alleviate concerns about sending children back to in-person preschool.

#### Session One: 9:40am to 10:10am

##### **D. Adult Self-Care (Spanish)**

*Lilliana Cachu, LMFT, VCBH CalWORKS*

This presentation will focus on the struggles parents experience with children 0-5 years, and will highlight coping skills, strategies and resources for parents. Especially during this time of COVID-19.

#### Session Two: 10:20am to 10:50am

##### **E. Just Breathe (Spanish)**

*Adriana Ramirez, Technical Assistance Specialist, VCOE Early Childhood Programs*

This workshop is designed to introduce 3 strategies every caregiver can use to support themselves and the children they care for as they navigate day-to-day life.

#### Session Three: 11:00am to 11:30am

##### **F. The Return to Preschool (Spanish)**

*Doris Reyes, Mental Health Coordinator, Child Development Resources*

This session will review how a preschool classroom looks now after COVID, what hygiene steps staff are taking, how to support little ones with mask wearing and to alleviate concerns about sending children back to in-person preschool.

Check-In: 8:15am to 8:30am  
Keynote: 8:30am to 9:30am  
Session I: 9:40am to 10:10am  
Session II: 10:20am to 10:50am  
Session III: 11:00am to 11:30am

welcome

## Registration

Go to: <http://vcoe.k12oms.org/> to create an account.

If you already have an OMS account, you may register by using the following link:

<http://vcoe.k12oms.org/1630-211244>

When you register, please be sure that you choose the Breakout Sessions that you would like to attend.:

Session I:  A  D

Session II:  B  E

Session III:  C  F

This conference will be held via Zoom. Please register using the link below and the Zoom link will be sent to you. If you are new to Zoom and the online training format, use the following link for assistance:

<https://www.vcoe.org/Special-Education/Distance-Learning-Resources-for-Parents/Technology-Tips>



Questions? 805-437-1560 or  
Email Barbara Rush at [BRush@vcoe.org](mailto:BRush@vcoe.org).