



Presented by Dr. César Morales, Ventura County Superintendent of Schools
The Ventura County Office of Education Proudly Announces...

Social and Emotional Learning Conference

Living Well: Healthy Children Need Healthy Adults



This past year has taken a toll on our community. This conference is focused on the health and wellness of **parents and families**. Participants will learn more about self-care and resiliency and be given tools and strategies to use in their every day lives.

Saturday, September 25, 2021

8:30 a.m.—12:30 p.m.

Keynote Presentation by: Erica Fernandez, Community Liaison

8:45 a.m.—9:15 a.m.

Workshop sessions will
be available in Spanish
and Mixteco



This conference is designed
especially for parents and
caregivers of children.

There is no cost to attend. We invite you to join us.
You will be able to choose your sessions from a variety of topics.
(See reverse page for a list of topics.)

Register Here:

<http://vcoe.k12oms.org/1616-209112>

"Commitment to Quality Education for All"

VCOE Adult SEL Conference—Conference Presentations

Saturday, September 25, 2021

Presentations are available in English and Spanish (with Mixteco interpretation)

Community Resiliency Model—Martie Miles & Jacqueline Robarge, Aspiranet

Curando la Comunidad—Genevieve Flores-Haro, Mixteco Community Indigenous Organizing Project

Padres Saludables, hijos saludables—Jessica Vargas de Ruiz and Soledad Barragan, Padres Juntos Promoviendo la Educacion

Proyecto Acceso—Genevieve Flores-Haro, Mixteco Community Indigenous Organizing Project

Walking up the CA Teaching Pyramid: How to care for others without burning yourself out—Alicia McFarland, VCOE

Pandemic Stress: How can we help ourselves and our kids?—Pablo Velez, Amigo Baby

Featured Presentation

(available in English, Spanish and Mixteco)

Whole Brain Parenting—

Nick Lawrence, Director of Tools for Life, Inc.,

