

# **BREAKTHROUGH PARENTING**

## **WHEN**

**June 23<sup>rd</sup> –August 11<sup>th</sup>  
6pm-7pm every Wednesday  
8 week course**

## **WHERE**

### **Juvenile Probation**

**1911 Williams Drive, Suite 175 - Oxnard – 93036**

**Breakthrough Parenting** is an 8-week course designed to increase your skills and knowledge as a parent.

Throughout the course we will discuss:

- Developing parent & child self-esteem
- Using discipline to teach children
- Resolving conflict effectively
- Promoting self-control vs. parental control
- Understanding how children think
- Having age-appropriate expectations

The goal of this course is to promote responsible, thinking, loving, confident children by using excellent parenting techniques.

This class provides you an opportunity to address challenges you face in your family as well as to meet other parents who are encountering the same challenges.

**ALL CLASSES  
IN THIS 8  
WEEK COURSE  
ARE  
BILINGUAL**

**TO ENROLL,  
CONTACT ONE  
OF THE  
INSTRUCTORS:**

**Veronica Escobedo  
(805) 973-5152**

**Phyllis Franco  
(805) 973-5126**

**Liz Jimenez  
(805) 973-5150**

## **COMPLETION**

At the end of the 8-week course, you will receive a certificate of completion. Timely attendance to ALL 8 classes is mandatory to receive certificate.