

Mother and Daughter Workshop

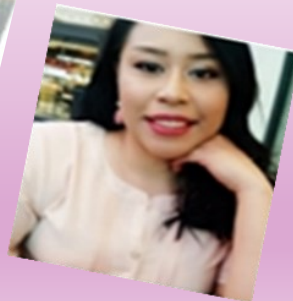


DO YOU WANT TO TALK TO YOUR DAUGHTER ABOUT TOPICS OF ADOLESCENT DEVELOPMENT AND NEED GUIDANCE?

THE PUBLIC HEALTH NURSE WOULD BE ABLE TO HELP.

WE INVITE YOU TO PARTICIPATE IN OUR WORKSHOPS.

BOTH OF YOU WILL ENJOY AND COMMUNICATE BETTER ABOUT IMPORTANT TOPICS.



TOPICS INCLUDE:

- ◇ STRATEGIES FOR COMMUNICATION
- ◇ TAKING CARE OF YOUR BODY
- ◇ ANATOMY AND REPRODUCTIVE HEALTH
- ◇ FEMININE HYGIENE
- ◇ HIV/HPV TRANSMISSION
- ◇ ABSTINENCE AND CONTRACEPTIVES
- ◇ HEALTHY RELATIONSHIPS

WHEN: Tuesdays—9/21/21, 10/5/21, 10/12/21, 10/19/21, & 10/26/21 Thursday 9/30/21*

WHERE: Zoom

Meeting ID: 830 0366 8167 Password: Kamala

TIME: 5:30-7:00 p.m.

Please Contact: Letty Villarreal (805) 981-5109

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