



# Fremont Bulletin

October 2020

Volume 6, Issue 1

## Interview With New Science Teacher

By Natalia Delgado and Michelle Murray

For this week's feature article, we interviewed the newest teacher Ms. Shuman. We asked her how she felt having to teach at a new school but having to do it online. She admitted, "It's not fun." She talked about how being a new teacher in person is more helpful since she could easily ask colleagues for help, "In this format, it's not easy to get to know people or feel a connection with the school." Our second question was precisely how difficult it is to teach online without forming a connection with students as you would be able to on campus. She told us, "It's trash. We have to search for grading on the app used. Late things are not as simple as handing it in. Now I have to go back and look for things which makes late work more difficult to deal with." Ms. Shuman also talked about how, since there's no way to do labs, we can't do hands-on work, which is part of the reason she chose to become a science teacher. She talked about the difficulty of having to create digital lessons. Then she went on about how "students are not free to talk as easily with their parents around, so they don't interact as well."



Now, something we all wonder is could we be back on campus before the year ends? She shared with me her thoughts, "I wish I could say yes, but from the lack of social distancing and masks, I see when I have to go somewhere, I doubt it." Ms. Shuman stated to me, "We, as a community, really need to show consideration for all if we are going to move into school. I feel that we will be pushed back before it is safe."

## All about Clubs

By Sophia S., Katherine B., Karolin A.

Club fair was a way to join a club or even create a new club like LGBTQ+ club or Book Club. It's also a fun way to make new friends since we can't be at school right now. In



order to make a Club you need an advisor, or teacher to help, and you need a way to promote it. There are already some clubs you can join like Anime Club, and Theater Club, Cooking club and so much more! All you have to do is put in your name, grade, and school email to join a club. Also you can join a club anytime. Ask your teachers or Ms. Pompey for the Google Classroom code where you can access all these wonderful clubs this year. I highly recommend you join a club if you have nothing to do after school and you feel like doing something after school with other people like your friends, students and teachers.

Club Name	Advisor/email
Theatre Club- Tuesday at 3	Moore <a href="mailto:Imoore@oxnardsd.org">Imoore@oxnardsd.org</a>
CJSF- Thursday at 2	Pompey <a href="mailto:lpompey@oxnardsd.org">lpompey@oxnardsd.org</a> Schultz <a href="mailto:cschultz@oxnardsd.org">cschultz@oxnardsd.org</a>
Kindness Club- Wednesday at 9	Pompey <a href="mailto:lpompey@oxnardsd.org">lpompey@oxnardsd.org</a>
Project Lit Book Club- Wednesday at 12:30	Pompey <a href="mailto:lpompey@oxnardsd.org">lpompey@oxnardsd.org</a>
AVID Club- Tuesday at 12:30	Castro <a href="mailto:scastro@oxnardsd.org">scastro@oxnardsd.org</a>
Art Club- Wednesday at 11	Sweet <a href="mailto:asweet@oxnardsd.org">asweet@oxnardsd.org</a>
Film Studies- Thursday at 12:15	Brown <a href="mailto:sbrown@oxnardsd.org">sbrown@oxnardsd.org</a>
Love Club- Every other Wednesday at 2	Marquez-Gift <a href="mailto:jmarquezzgift@oxnardsd.org">jmarquezzgift@oxnardsd.org</a>  Moore <a href="mailto:Imoore@oxnardsd.org">Imoore@oxnardsd.org</a>
Anime Club- Friday at 3	Ms. Davey <a href="mailto:hdavey@oxnardsd.org">hdavey@oxnardsd.org</a>
MESA	Mr. White <a href="mailto:pwhite@oxnardsd.org">pwhite@oxnardsd.org</a> Mr. Davey <a href="mailto:cdavey@oxnardsd.org">cdavey@oxnardsd.org</a>
Music Club	Hoskins <a href="mailto:jhoskins@oxnardsd.org">jhoskins@oxnardsd.org</a> Padilla <a href="mailto:apadilla@oxnardsd.org">apadilla@oxnardsd.org</a>
Baking Club	Todd <a href="mailto:spesta@oxnardsd.org">spesta@oxnardsd.org</a> Estes <a href="mailto:jestes@oxnardsd.org">jestes@oxnardsd.org</a>
Self-Care All About Me Club- Every other Wednesday at 2	Rodriguez <a href="mailto:vrodriquez@oxnardsd.org">vrodriquez@oxnardsd.org</a> Clark <a href="mailto:jgarcia-clark@oxnardsd.org">jgarcia-clark@oxnardsd.org</a>



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From the PTA

**Advisor:** Ms. Sweet  
**Members:** Karolin A, Katherine B, Alyssa C, Jacqueline C, Cristian C, Natalia D, Ava D, Heidi F, Jaden G, Alicia H, Bryan J, Abigail L, Isabella L, Mariah L, Elijah M, Naomi M, Laphis M, Michelle M, Jennifer R, Sophia S, Giselle S, Omar T, Valeria V

## Teachers Give Too Much Homework

By Giselle S., Jennifer R, and Valeria V.



Valeria's opinion on teachers giving out too much homework is that she thinks giving students too much homework can cause stress. It can also cause them to stay up too late and not want to wake up the next morning. Sometimes students don't have the time to work on their assignments because they have to help their parents with stuff around the house and don't have the time to complete the homework .

Giselle thinks giving out too much can make students not do it correctly and can rush them. This can cause too much stress right now and overthinking. Sometimes, Giselle says, students do not have the WiFi capabilities because they might not be at home and are taking care of grandparents .

Jennifer thinks they are giving way too much homework and should make it class work instead. When teachers give a lot of homework, it takes up too much of their time and they have many other things to do. For example, Jennifer helps take care of her grandparents because her grandpa recently got very sick. Students also become stressed so much that they completely stop doing their work. Students have a hard time finishing homework. Less homework would help them out a lot.

### Art Club

By Mariah L. and Ava D.

One of the many clubs at Fremont is Art Club led by Ms. Sweet who started the art club seven years ago when she first started teaching at Fremont. She started it because she thought there wasn't enough creativity and art on our campus and still believes so. Her favorite part about the club is seeing the kids have fun. Ms. Sweet strongly believes that anyone can draw with enough practice. Now because of COVID, we are not allowed to come to school. Due to that inconvenience, Ms. Sweet is having an art club via zoom every Wednesday at 11am. She is going to have to rely on videos to give examples for her lessons. She did, however, buy a new camera that would allow her to show her paper and be able to draw with her students. Usually Art Club does art with many different materials she provides, this year, it will be more limiting without access to the same supplies. Because of this, Ms. Sweet is going to have to rely strictly with paper and pencil.



**Order early BEFORE the price increases!**



**FREMONT**  
ACADEMY OF ENVIRONMENTAL  
SCIENCE & INNOVATIVE DESIGN

## PTA REFLECTIONS Student Recognition through the ARTS!



## I Matter Because...

2020-2021



### HOW TO ENTER

Entrants must follow requirements and instructions specific to each arts category and division. Contact us to obtain the specific rules and guidelines for each category, or click this link to retrieve it on-line: <https://capta.org/resource/participant-forms/>

### ALL ENTRIES ARE DUE BY FRIDAY, OCTOBER 23rd!

Reflections Student Entry forms

ON-LINE only during distance learning!

Please click [here](#) to fill out and submit your entry:

<https://forms.gle/JGWx3BTfFwtJcUJF7>

### Marvel Delays Films To 2020

By Laphis Mekamporn, Bryan Jimenez, & Omar Torres

Unfortunately and predictably, the Black Widow movie has been delayed until May 7th, 2021. This is the first time since 2009 that no MCU film has been released in a calendar year. Like all Marvel delays, the Black Widow new release date means all other Marvel films will also be delayed. Shang-Chi and the Legend of the Ten Rings will be pushed from May 7th, 2021 to July 9th, 2021. The Eternals, which was supposed to be released after Black Widow is moving from February 12th, 2021 to November 5th, 2021. Some other Disney movies were also moved. Let's hope things are better next year.



### Fremont 2019-2020 Yearbook Pre-Purchase NOW!!!

Price	Date
\$25	until October 31
\$30	November 1-January 31
\$35	February 1- April 3

Yearbooks are available to PRE-ORDER in the Fremont office beginning August 21st and online at [www.ybpay.lifetouch.com](http://www.ybpay.lifetouch.com) with code 12366221

# Fremont Focus 2020

By Jacqueline C. and Naomi M.

Just a reminder, Fremont students, if you missed Back to School Night September 24th, the Fremont website has videos of all teachers and important information regarding back to school night. You can find all these teachers videos on the Fremont website.



Here is a brief overview of some of the classes and how you can better understand about grades, teachers and more.

First we have Ms. Castro, an eighth grade ELA teacher. Her video talks about the daily agenda, class expectations, language arts, and AVID. Then, check out the counselors on the Falcon Center video. There you will find more information about help you can get for homework, schedules, or just if you want to talk. Ms. Sweet goes over her schedule and how parents can help their child during distance learning. Check it these videos and so much more on the Fremont Website!

Join us for the  
**KIND CAMPAIGN**  
VIRTUAL ASSEMBLY  
OCTOBER 21st



**BE PART OF THE CHANGE**

WE'VE ALL BEEN THE VICTIM  
UNFORTUNATELY WE WERE ALSO THE CAUSE  
HELP US CHANGE

KIND CAMPAIGN IS AN INTERNATIONALLY RECOGNIZED NONPROFIT ORGANIZATION THAT BRINGS AWARENESS AND HEALING TO THE NEGATIVE AND LASTING EFFECTS OF GIRL-AGAINST-GIRL BULLYING THROUGH THEIR GLOBAL MOVEMENT, DOCUMENTARY FILM, IN-SCHOOL ASSEMBLIES AND EDUCATIONAL CURRICULUMS. [www.kindcampaign.com](http://www.kindcampaign.com)

Register today  
[https://us02web.zoom.us/webinar/register/WN\\_ZDvW4gp1RM-qVqejBTRE3Q](https://us02web.zoom.us/webinar/register/WN_ZDvW4gp1RM-qVqejBTRE3Q)

**GOOGLE CLASS CODE 7TJEGLD**

The "Million Word March" Campaign is Back!

Fremont ASB is challenging each Fremont Student to read One Million Words!

**Objective:**

The objective of the "Million Word March" Campaign is to encourage Fremont students to read each and every day. Students should read "One Million Words" to gain new vocabulary and increase their reading skill. Students who read "One Million Words" a year encounter 3,000 to 8,000 new words. The "Million Word March" Campaign is designed to address the issue of reading proficiency and to help students develop habits that will make them successful students. We encourage parents to participate with their children by keeping track of the books they read at home.

The challenge is to read 1 Million words begins August 19, 2020 and ends June 1, 2021. The reading log is due 4 times during the school year with the established word goal.

Due Dates and Word Goals for Reading Logs.  
October 30, 2020----250,000 word goal.  
January 22, 2021----500,000 word goal.  
March 19, 2021----750,000 word goal.  
June 1, 2021-----1,000,000 word goal.

Please email your Reading Logs to ASB at [sreveles@oxnardsd.org](mailto:sreveles@oxnardsd.org). Reading Logs can be turned in to ASB anytime during the school year. If ASB cannot read your handwriting, ASB will disqualify your entry.

Enter your book title into an online word count tool to find out the word count.

Scholastic Book Expert:

<http://src.scholastic.com/bookexpert/default.asp?UID=CC9A1645D48749A897CF4C27B3FC7FF0&sub=0&Test=NA>

AR BookFind Tool:

<http://www.arbookfind.com/>

If you do not have internet access or your book is not recognized by the word count tools please use this chart to help you estimate the number of words you read.

Chapter Books are based on an average of 300 words per page.  
50 pages equal 9,000 words. 100 pages equal 18,000 words.  
150 pages equal 27,000 words. 200 pages equal 36,000 words.  
250 pages equal 45,000 words. 300 pages equal 54,000 words.

Picture Books

20 page picture book ranges from 20 to 125 words

Read to be Tobacco and Drug Free



Become a member of the Millionaire Word Club

# Why Leaves Leave During Winter

By Natalia Delgado

Do you ever wonder why a tree sheds its leaves during winter? Why do leaves change color? Well, there is a single reason why see during winter there isn't much sunlight. Trees depend on sunlight to receive nutrients; they use the nutrients to stay alive. Since during winter, there isn't enough sunlight the tree needs to save as many nutrients as possible to stay afloat during winter.



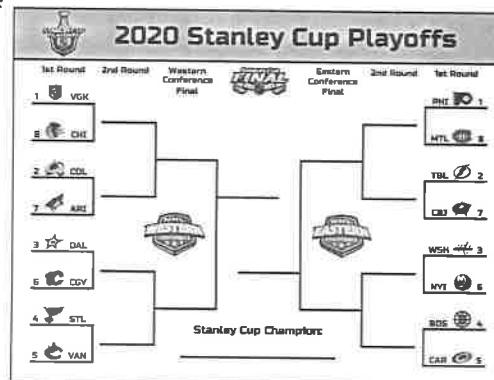
Also, there is a reason behind the leaves changing color. Leaves are full of chlorophyll and pigments called carotenoids. Carotenoids are responsible for creating orange and yellow colors. Normally the chlorophyll will overpower the carotenoids making the leaves green. Then in the fall, the chlorophyll starts to break down to prepare for winter. So that gives carotenoids the chance to make all those leaves red, yellow, orange, and brown. As quoted in the article To survive wintertime, trees ditch those brilliant leaves "The next time you see a pile of bright red, amber and tangerine-colored leaves on the ground, think about all the biological processes that had to happen for them to exist."

# All About Hockey After Covid

By Abigail L., Alyssa C., and Isabella L.

The hockey playoffs were very different this year due to COVID-19. Since the season had to end early it was different for teams to get in. The teams that were guaranteed to be in the playoffs participated in what they called Round Robin games. Round Robin games were the best of 5 and determined which seed they took in the playoffs. Other teams that were almost in or out of the playoffs at the end of the season participated in qualifying games to determine if they were in or out of the playoffs.

Hockey also has changed dramatically because of COVID-19. In the beginning they stopped playing and cancelled meetings and practice. But after two and a half months later N.H.L.



announced that they will continue playing. The commissioner of the N.H.L announced that 24 teams will return. They will have to do daily tests for COVID-19. Why Toronto and Edmonton were selected as hubs was the lower number of COVID-19 cases in those cities and the surrounding areas. Each team's traveling party, including a maximum of 31 players, will be tested three times 48 hours apart. They also had to stay in a bubble. That is how hockey changed because of COVID-19.

Fremont Million Word Challenge Reading Log

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

	Book Title	Author	Date Started	Date Finished	Number of Pages Read	Word Count	Parent/Teacher/Coach Signature
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
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21							
22							
23							
24							
25							

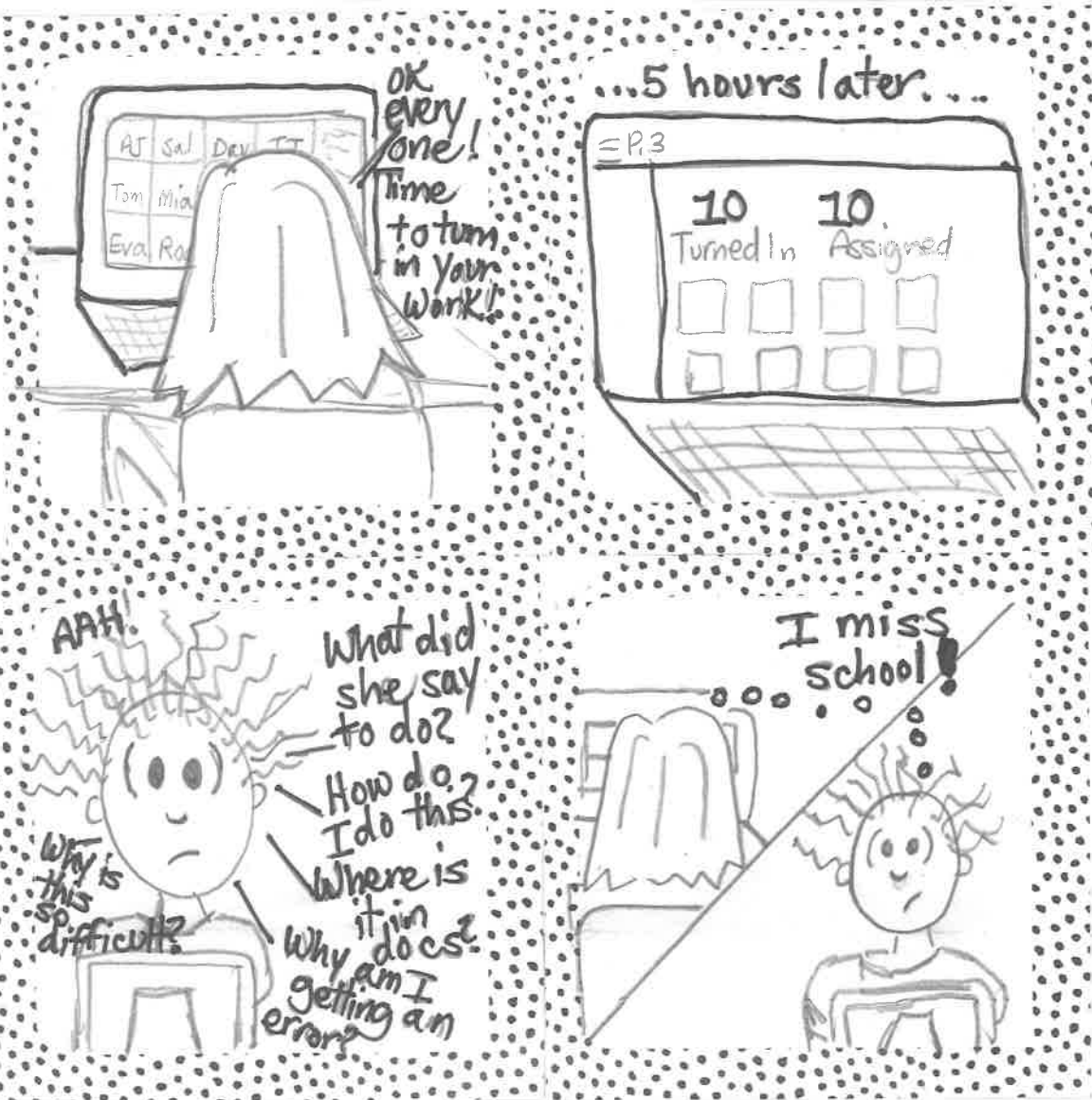
B G N T O N T B U L L Y I N G  
 L N O F E O E Y P J D D J C S  
 U I L Z U A B E C B T W C F I  
 S R I G M R S E K N E O R G N  
 T O H K S H C E N G B R J G T  
 E T F Z N A P T N H G U O R I  
 R C Y G N U K Z I S I K T S M  
 I E T E F P P S N R F L M W I  
 N H M O V E R B E A R I N G D  
 G D E S P O T I C D N B E H A  
 Q T G N O O G A R D U Y A N T  
 I S E G B B T V M L M S P N O  
 U V H R Y P K E L Y K X D Z R  
 X W C Y S Q U Y F D D F J N M  
 B L U S T E R U S M W Z L R L

BLUSTER  
 DESPOTIC  
 INTIMIDATOR  
 OVERBEARING  
 ROWDY

BLUSTERING  
 DRAGOON  
 KEEN  
 PUNK  
 TEASE

BULLY  
 HECTORING  
 MENACE  
 ROUGH  
 TOUGH

## COVID Life by Ms.Sweet



From Fremont PTA:  
 October dates to put in your calendars!

Thursday, October 15<sup>th</sup> @ 6pm: **FREMONT PTA GENERAL ASSOCIATION MEETING!** This is a *very important informational meeting!* Our principal, Mrs. Witherspoon will be there to add an update on Fremont news. There is a quorum of 12 people needed in order to approve our budget for the 2020-21 school year. Please add this important date to your calendars. We hope to see you all there!

Friday, October 23<sup>rd</sup>: **REFLECTIONS STUDENT ENTRIES ARE DUE ON-LINE!** (*Instructional PowerPoint attached*). Links to the informational video and student entry form:  
 Informational video link: <https://youtu.be/Yj3AgCSiRfQ>  
 Student entry form link: <https://forms.gle/JGWx3BTfFwtJcUJF7>

Thursday, October 30<sup>th</sup> @ 3:30pm: **HALLOWEEN DRIVE-THRU** presented by Fremont PTA & Staff! Come drive by between 3:30-5:00pm and wave to us as we add some light-hearted fun to our October for you! (flyer attached). Kona Ice will be there also...**PRE-SALE ONLY!** Click here to pre-order your Kona goodies before the event:  
<https://konaiceventura.square.site/product/october-30-fremont-middle-school-pta-fundraiser>

Friday, October 30<sup>th</sup>: **BOX TOPS DEADLINE!** If you are still collecting paper box tops, please bring them by the school during the Halloween drive-thru and we'll be happy to take them!

ASB is challenging Fremont Students to read one million words! The objective is to encourage Fremont Students to read every day. Students must turn in their reading log to ASB to qualify for prizes. Please email reading logs to ASB Advisor at [srevels@oxnardsd.org](mailto:srevels@oxnardsd.org). (*info & log attached*)

**FREMONT CLUBS ARE STARTING!** If your child would like to participate in a club, the 2020-2021 list is attached here!

If you are currently a confirmed 2020-21 member, don't forget that one of your perks is access to our **FREMONT PTA Facebook group!** Click here:  
<https://www.facebook.com/groups/fremont.pta.oxnard>

There are several easy ways to support Fremont students digitally during this crazy distance time:

- Box Tops for Education: Turn your everyday receipts into cash for Fremont! [www.boxtopsforeducation.com](http://www.boxtopsforeducation.com)
- Amazon Smile: Go to [www.smile.amazon.com](http://www.smile.amazon.com) please click to support John Charles Fremont Jr High PTA
- Office Depot: Shop in stores, on-line, or over the phone and present our Back To Schools ID #70011999. They donate 5% of qualifying purchases towards FREE supplies for our school! [www.officedepot.com](http://www.officedepot.com)
- EScrip: Dine out, shop online, book travel and more! A percentage of your transaction will be donated to our school. [www.escrip.com](http://www.escrip.com)

## Welcome FALCON Families!

You are cordially invited to join Fremont PTA for the 2020-2021 school year!



*Quick, Easy and Safe! Sign up on-line here\**

<https://jointotem.com/ca/oxnard/john-c-fremont-middle-school-pta>

**Membership Perks include:**  
 - Monthly e-mail newsletter  
 - Facebook Group membership  
 - Discounts on Fremont Swag sold by Fremont PTA  
 - Discounts for theme parks and other national companies

Here is how your membership & support will help the school:  
**Teacher Support**  
 (in and out of the classroom),  
**Art Programs, Garden, Honor Roll, Assemblies, Million Word March, Athletics, and much more!**

Only \$6.00 shows your support\*  
 Update your membership or create a new one!  
<https://jointotem.com/ca/oxnard/john-c-fremont-middle-school-pta>

*\*please note there is a \$1.00 service fee added for on-line membership*

For more info regarding California PTA: [www.capta.org](http://www.capta.org)

### 2020-2021 PTA EXECUTIVE BOARD

Chantal Witherspoon - Principal  
[candersonwitherspoon@oxnardsd.org](mailto:candersonwitherspoon@oxnardsd.org)  
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[marylovew@hotmail.com](mailto:marylovew@hotmail.com)  
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 John Miller - Teacher Rep  
[jmiller@oxnardsd.org](mailto:jmiller@oxnardsd.org)  
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 OPEN - Reflections Chair  
 OPEN - Historian  
 OPEN - Hospitality

## Bienvenidos Familias HALCON!

Están cordialmente invitados a unirse al PTA de FREMONT para el año escolar 2020-2021!



Regístrese conectandose aquí:

<https://jointotem.com/ca/oxnard/john-c-fremont-middle-school-pta>

Beneficios de la membresía incluyen:

- \* Boletín mensual de correo electrónico
- \* Pertenencia al grupo de Facebook
- \* Descuentos en productos de Fremont de venta por el PTA
- \* Descuentos para parques de atracciones y otras compañías nacionales

**Aquí es cómo su membresía y apoyo ayudará a la escuela:**  
**Apoyo a los maestros, atletismo, jardín, programas de arte, Honor Roll, asambleas, Marcha de un Millon de Palabras!**

### Consejo Ejecutivo del PTA de 2020-2021

Chantal Witherspoon - Principal  
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 Marylove Gonzalez - President  
[marylovew@hotmail.com](mailto:marylovew@hotmail.com)  
 Karla Davila - Treasurer  
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 John Miller - Teacher Rep  
[jmiller@oxnardsd.org](mailto:jmiller@oxnardsd.org)  
 OPEN - Parliamentarian  
 OPEN - Reflections Chair  
 OPEN - Historian  
 OPEN - Hospitality

Solo \$ 6.00 muestra su apoyo \*  
 Actualice su membresía o crea uno nuevo!

<https://jointotem.com/ca/oxnard/john-c-fremont-middle-school-pta>

*\* tenga en cuenta que se agrega una tarifa de servicio de \$ 1.00 para la membresía en línea*

Para obtener más información sobre el PTA de California: [www.capta.org](http://www.capta.org)