



California Parent & Youth Helpline

1-855-4A PARENT

7 Days a Week
8:00 a.m. to 8:00 p.m.

Call or Text
1-855-4APARENT (855-427-2736)

English
Spanish
Other Languages Available

The California Department of Social Services is supporting Parents Anonymous in the launch of the new California Parent and Youth Helpline, which provides support and resource referrals to parent and youth during the current COVID-19 pandemic.

<https://caparentyouthhelpline.org/>